YVETTE LEWIS, OLY

Speaking Media Kit

2016 Olympian | NCAA National Champion | Four-Time Hall of Fame Inductee

BIOGRAPHY

Yvette Lewis is a 2016 Olympian, NCAA National Champion, and four-time Hall of Fame inductee whose journey represents resilience, determination, and excellence.

A Newport News native and Hampton University standout, Yvette represented Panama at the Rio Olympics and set a South American record of 7.91 seconds in the 60-meter hurdles.

Now 41, the mother of two, coach, and wellness professional is making her comeback on the world stage. After winning the 2026 Southeast Region Masters 80-meter hurdles championship, she is preparing for the 2027 World Masters Indoor Championships.

Through her Road to Worlds 2027 campaign, Yvette invites corporate partners to invest in a journey that proves one powerful message: Excellence Has No Expiration Date.

ATHLETIC ACCOMPLISHMENTS

- 2016 Olympic Games competitor
- First Hampton University NCAA national champion
- Four-time Hall of Fame inductee (Newport News Public Schools, Lower Peninsula District, MEAC, Hampton University)
- Five-time U.S. National Team member
- South American 60m hurdles record holder — 7.91 seconds
- Former world No. 2 in the 100m hurdles
- Former Associate Head Coach, Hampton University (2012–2022)
- 2026 Masters W40 80m hurdles — 11.98 seconds (tied No. 4 worldwide, single meet)
- Personal bests: 100mH — 12.67 · Triple Jump — 13.75 m (45'1")

SPEAKING TOPICS

- **Excellence Has No Expiration Date** — Reinventing yourself · Pursuing goals at every stage of life · Overcoming age-related expectations
- **The Mindset of an Olympian** — Discipline and consistency · Mental resilience · Performing under pressure
- **Breaking Barriers** — Challenging limitations · Building confidence · Redefining success
- **Women, Leadership & Empowerment** — Confidence and leadership · Navigating expectations · Finding your voice
- **The Power of Perseverance** — Recovering from setbacks · Remaining focused · Turning adversity into opportunity
- **Beyond the Finish Line** — Life beyond competition · Identity, purpose, and reinvention · Creating a lasting legacy

ENGAGEMENT FORMATS

- **Keynote Speaker** — Inspirational presentations for corporate conferences, universities, and major events.
- **Panelist & Fireside Chat Guest** — Engaging conversations about athletics, leadership, perseverance, and personal growth.
- **Workshops & Youth Engagement** — Interactive discussions and educational experiences for schools, teams, and organizations.

BOOKING CONTACT

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